



VITAL STATISTICS

Preparation Time

15 minutes

Cooking Time

1 hour

Serves

4

INGREDIENTS

4 pears, peeled
4 tbsp clear honey
1 tbsp caster sugar
300ml water
6 Bart Cloves

BAKED PEARS IN CLOVE SYRUP



Place the pears in a baking dish. Preheat the oven to 200c/Gas 6.

Heat together the honey, sugar and water. Boil for 2 minutes. Pour over the pears and add the cloves.

Bake the pears for 1 hour until tender, turning from time to time.

Remove the pears and keep warm. Boil the syrup for a few minutes until reduced and thickened. Pour over the pears.